

# A Student Guide to Eating Halal on Campus

Connect with our Registered Dietitian for Campus Dining, Ashley Leone, at [aerusso@syr.edu](mailto:aerusso@syr.edu), either before or as soon as you get to campus. She will provide you with additional information and ensure you have a variety of Halal certified options in the dining center that is most convenient for you!

*You'll find a variety of Halal protein options in our residential dining halls.*

## Current protein options include:

See the daily menu here!



Gluten Free Chicken Tenders  
Turkey Frank Hot Dogs  
4oz Chicken Breast  
8 cut Chicken

Chicken Thighs  
Grilled Chicken at the grill  
Chicken/Beef Meatballs  
Spare Burger

*If there is a Halal protein you'd like to see that we don't currently offer, let us know — we'll do our best to get it for you!*

**Recipes containing Halal certified proteins can be identified by the "H" icon on labels within residential dining centers:**



## Halal Food Across Campus

Halal Shack located in the Schine Student Center

Choolaah located in Food.com and in the Goldstein Food Hall (Bowls, Wraps, Salads, and Indian Street Food)

## Eating During Ramadan

We have two dining halls (Sadler and Ernie Davis) on campus that support Muslim students during Ramadan, offering complete meals at times that work with fasting. During Ramadan, students observing Iftar can take advantage of extra to-go containers to pack food for later in the evening. A variety of grab-and-go items—such as dates, drinks, snacks, and microwaveable meals—are also available in the private dining areas at Sadler and Ernie Davis to support students' needs during this time.

## C-Store Halal Frozen Meal Options

Our convenience stores have a variety of Halal frozen meal options, including the below offerings:

### Sukhi's:

Chicken Curry with Basmati Rice & Naan  
Mango Coconut Samosas  
Chicken Tikka Masala Wrap  
Tandoori Spiced Chicken Wrap

### Saffron Road:

Chicken Biryani  
Butter Chicken  
Chicken Pad Thai



Scan for C-Store hours and locations

## Looking to connect with campus dining?

The Campus Dining leadership team hosts a Halal-dining focus group each semester. This offers Muslim students the opportunity to provide feedback on their personal dining experience. [Email aerusso@syr.edu to learn more!](mailto:aerusso@syr.edu)